If you want to pursue an active and exciting career path in the uniformed services but are not quite sure which service, then this is an ideal opportunity to try them out.



CELEBRATING 10 years OF TOP OF THE SOUTH TRADES ACADEMY.



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## Paramedics, Police, Fire Services, Search and Rescue and Civil Defence - these uniformed services all offer varied and exciting career opportunities.

You will have the opportunity to experience a simulated search and rescue exercise, gain bush survival skills and find out what it is really like to be a paramedic, police officer, or a firefighter. Learning is practical, active and engaging - this is a fun way to take a big step towards achieving NCEA Level 2 or 3 while gaining your basic first aid certificate and also refining your career path.

For more information on what you will learn and the credits you can achieve in this programme, go to the Trades Academy website and follow the course information links.

### On completion of this course you will be able to:

#### Level 2: Uniformed Services

- Create a personal bush survival kit and demonstrate bush survival skills.
- Explain search and rescue procedures.
- · Recognise a Civil Defence emergency and prepare for survival during a Civil Defence emergency.
- · Communicate in the outdoors using two-way radio.
- Provide basic life support and first aid.
- · Manage first aid in an emergency situation.
- · Demonstrate knowledge of navigation tools and navigate in the outdoors in good visibility.
- Demonstrate knowledge of general purpose lines. • Use general purpose knots and lines in an
- emergency situation. • Demonstrate knowledge of the role and functions of Civil
- Defence general rescue at group level. · Identify safety equipment, safety precautions and hazards in
- general rescue situations at ground level. • Plan and carry out searches to locate simulated casualties within specified area at ground level.
- · Move casualties to safe locations.

#### Level 3: Civil Defence Emergency Response

- · Demonstrate an understanding of the uses and care of rock climbing and abseiling gear.
- Demonstrate skills and understanding of knots and harnesses.
- Demonstrate the setting up and operation of anchors and belays.
- Construct an abseil system and abseil on single pitches.
- Demonstrate abseil rescue techniques.
- Contribute within a team or group which has an objective.
- · Demonstrate knowledge of river dynamics and hazards.
- Cross rivers safely.
- Explain long-term management requirements for an emergency care situation in an outdoor recreation environment.
- · Assess and manage a patient's condition long-term in an outdoor recreation environment.

# TRAINING PATHWAYS



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NCEA: Level 2 and 3

Starts: Term 1 and 2 intakes

**Time:** 4 x four day block courses (includes overnight)

Location: Whenua Iti Outdoors

Note: If circumstances change there could be a mix models of delivery e.g online, face to face one day per week or block options.