



Health and Wellbeing



This pilot programme is based at NMIT Marlborough and is planned to be **delivered one day per week for five weeks**. There will be a range of practical activities which offer meaningful and engaging experiences to explore Health and Wellbeing in the region, including a visit to a local healthcare provider. **Students will be working in the Science laboratory at NMIT and will need to wear closed toe shoes.** Come and join us and be part of something that will shape the future of Trades Academy options in this region.

Dates:

- Fridays: 9am to 2.30pm
- Weeks 1–5, Term 3 (July 24, 31, August 7, 14, 21)

Planned unit standards:

Std ID	Standard title	Level	DAS credits
26971	Describe factors that contribute to mental health wellbeing and mental health challenges	3	3
20826	Demonstrate knowledge of infection control requirements in a health or wellbeing setting	2	3

Please note that teaching and learning will not be limited to these assessments, and learners will participate in a range of practical activities outside of the assessed standards. This may include the following learning:

- Introduction to Nursing, Social Work, and Counselling
- Introduction to the health system and career pathways
- Body systems and physiology
- Visit to a healthcare provider (e.g. hospital)
- Mental health and wellbeing

This is an opportunity for students to be part of a pilot programme, with the intention of creating meaningful and engaging experiences for learners while also gathering feedback to help shape future Trades Academy opportunities in the region.

Maximum number of enrolments: 10 students