Uniformed Services (Level 2)
2026 Course Outline

Curriculum Goals:

To provide students with the opportunity to explore career pathways and develop a range of skills relevant to a future career within a range of uniformed services. These uniformed services will include exploring the roles and skills needed within the emergency services such as Police, Fire Services, Paramedic and Defence Forces. Students will have the opportunity to experience a simulated search and rescue exercise and gain essential first aid skills. They will hear first-hand what it is really like to be part of the uniformed services in New Zealand.

Programme Delivery:

This course is delivered in a residential block format, with four blocks in total. Each block represents one of the uniformed services curriculum areas and is four days in length. The curriculum will cover the following areas: Paramedic Services and First Aid, Fire and Rescue Services, Police Services and Defence Forces. Students will take part in a range of practical activities and will be given the opportunity to learn through engaging in realistic and authentic tasks.

Further course information can be found on the Whenua Iti Outdoors website www.whenuaiti.org.nz

Personal and Social Development Objectives:
- Increasing willingness to learn
- Understanding and assuming personal responsibility
- Developing belief in self and increasing confidence
- Developing a positive attitude
- Recognising and developing potential
- Developing resilience skills (coping with challenge and change)
- Developing positive communication skills

Learning Objectives:
- Provide basic life support
- Provide first aid
- Manage first aid in an emergency situation
- Demonstrate knowledge of general-purpose knots and lines used by the fire and emergency agency
- Use general purpose knots and lines in an emergency situation
- Demonstrate knowledge of the role and functions of Civil Defence general rescue at ground level
- Identify safety equipment, safety precautions and hazards in general rescue situations at ground level
- Plan and carry out searches to locate simulated casualties within a specified area at ground level
- Move casualties to safe locations
- Describe the roles and values of the New Zealand Police in the community
- Describe rights, obligations and procedures in relation to New Zealand Police law enforcement
- Communicate in the outdoors using two-way radio
- Communicate in a team or group which has an objective
- Demonstrate safe practices for participation in high ropes course activities

Assessments*

Unit No	Title	Level	Credits	Version
Paramedic Week				
6402	Provide basic life support	2	2	9
6401	Provide first aid	2	1	7
6400	Manage first aid in an emergency situation	3	2	8
Fire Service Week				
26994	Use general purpose knots and lines in emergency situations	2	2	2
20473	Rescue casualties at ground level using Civil Defence general rescue techniques	2	3	2
Police Week				
30907	Demonstrate knowledge in relation to the New Zealand Police Ngā Pirihimana o Aotearoa in the community	2	3	2
4573	Communicate in the outdoors using two-way radio	2	2	7
Defence Forces Week				
9677	Communicate in a team or group which has an objective	2	3	11
473	Demonstrate safe practices for participation in high rope course activities.	2	1	7
	Total NZQF Credits		**19**	

*Please note: at times some assessments, including the order of delivery of assessments, may change. Students will be advised of any changes.

Methods of Assessment Assessment methods will include:	Requirement for Successful Completion: To successfully complete the course, the student must:
- Practical demonstrations / activities - Oral presentations - Written assessments	- Successful completion of at least 14 credits - Attend a minimum of three blocks