

Curriculum Goals:

The Adventure Skills Development Level 3 course is a multi-activity, residential, adventure training programme, where students have the opportunity to explore the wilderness of Te Taihū (Top of the South Island) - a perfect multi-adventure platform to build up outdoors expertise, skills and confidence. The programme will include 3 x 3-day expeditions, each with a different focus or activity. Activities may include a mixture of any of the following: sea-kayaking, tramping, rock climbing or caving. Specific activities will be determined closer to the time and may vary depending on the time of year and weather conditions. The course will provide students with the skills and confidence to plan and participate in activities in the outdoors.

As this course requires students to operate in the outdoors at a high level, it is recommended that students are reasonably independent in their approach to learning, have an ability to self-manage and have a high level of interest in the outdoors.

Underpinning the curriculum is the development of crucial personal and social development skills transferable to any vocational pathway.

Programme Delivery:

This course is delivered in a 9 day/8 night residential block format.

Further course information can be found on the Whenua Iti Outdoors website: www.whenuaiti.org.nz

2026 Course Dates: 29 September - 7 October

Assessment

Unit No	Title	Level	Credits	Version
28516	Prepare for, participate in, and evaluate an outdoor experience as a member of a group	3	15	2

Total NZQA Credits

15

Personal and Social Development Objectives:

- Increasing willingness to learn
- Understanding and assuming personal responsibility
- Developing belief in self and increasing confidence
- Developing a positive attitude
- Recognising and developing potential
- Developing resilience skills (coping with challenge and change)
- Developing positive communication skills

Learning Objectives:

- Prepare for own participation in an outdoor experience.
- Participate in an outdoor experience as a member of a group.
- Evaluate participation in an outdoor experience as a member of a group.

Method of Assessment	Requirement for Successful Completion
Assessment will include:	To successfully complete the course, the student must:
<ul style="list-style-type: none"> • Practical demonstrations/activities • Workbook completion • Oral presentations 	<ul style="list-style-type: none"> • Successfully complete a minimum of 15 credits • Attend a minimum of 9 days/8 overnights