Adventure Tourism Leadership (Level 2) 2024 Course Outline



Curriculum Goals:

The Adventure Tourism Leadership Level 2 programme provides students with a broad base of technical and practical outdoor skills. Each week of the programme will focus on a different outdoor discipline. Students will have the opportunity to experience sea kayaking, rock-climbing, caving and mountain biking.

The content of the programme represents the basis for an engaging, experiential, practical and varied learning experience. The programme is designed to appeal to students who respond well to learning in a practical environment.

Underpinning the curriculum is the development of crucial personal and social development skills, transferable to any vocational pathway.

Programme Delivery:

This course is delivered in a residential block format, with four blocks in total. Each block represents one of the four curriculum areas (sea kayaking, mountain biking, caving and rock climbing) and is four days in length. Students can pathway to the Whenua Iti Outdoors *Adventure Tourism Leadership Level 3* programme.

Further information on Whenua Iti Outdoors courses can be found here: <u>www.whenuaiti.org.nz</u>

Personal and Social Development Objectives:

- Increasing willingness to learn
- Understanding and assuming personal responsibility
- Developing belief in self and increasing confidence
- Developing a positive attitude
- Recognising and developing potential
- Developing resilience skills (coping with challenge and change)
- Developing positive communication skills

Learning Objectives:

Rock Climbing

- Demonstrate novice rock climbing and belaying skills on Ewbank Grade 12 and above.
- Demonstrate basic knowledge of safe abseil techniques.
- Demonstrate safe practices for participation in high ropes course activities.

Mountain Biking

- Demonstrate knowledge for bike selection.
- Set up and undertake basic maintain of a mountain or cycle touring bike for outdoor recreation.
- Demonstrate preparedness for mountain biking on grade 2 terrain.
- Demonstrate riding skills for mountain biking on grades 2 terrain.

Sea Kayaking

- Demonstrate individual preparedness and paddling skills on moving water.
- Demonstrate basic safety skills and rescues for paddling on moving water.
- Communicate in a team or group which has an objective

Caving

- Demonstrate individual preparedness and contribute to group preparedness
- Demonstrate basic caving skills in a caving environment.
- Demonstrate knowledge of preparation for an outdoor activity
- Demonstrate knowledge of the location of an outdoor activity

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4

Assessments *

Rock Clim	bing Skills			
Unit No	Title	Level	Credits	Version
20157	Demonstrate novice rock climbing and belaying skills on Ewbank Grade 12 and above	2	2	3
20152	Demonstrate basic knowledge of safe abseil techniques	2	1	3
473	Demonstrate safe practices for participation in high ropes course activities	2	1	7
	Total NZQF Credits 4			
Sea Kaya	king Skills			
Unit No	Title	Level	Credits	Version
32848	Demonstrate paddling skills on moving water	2	2	1
9677	Communicate in a team or group which has an objective	2	3	11
	Total NZQF Credits		5	
Mountain	Biking Skills			
Unit No	Title	Level	Credits	Version
20138	Set up and undertake basic maintenance of a mountain or cycle touring bike for outdoor recreation	2	2	2
457	Demonstrate mountain biking skills on Grade 2 terrain	2	2	7

Total NZQF Credits

Caving Skills					
Unit No	Title	Level	Credits	Version	
20133	Demonstrate basic caving skills	2	2	2	
32840	Demonstrate knowledge of preparation for an outdoor activity	2	3	1	
	Total NZQF Credits		5		

Students will be able to complete up to **18 NCEA Level 2 credits** as a part of this course.

*Please note, from time to time, some assessments may change. Students will be advised of any changes prior to the course start date.

Methods of Assessment Assessment will include:	Requirement for Successful CompletionTo successfully complete the course, the student must:			
 Practical demonstrations Workbook Completion Oral presentations 	 Successfully complete a minimum of 13 credits Attend a minimum of three blocks. 			