# Outdoor Preparation and Emergency Response Level 3 2025 Course Outline



#### **Curriculum Goals:**

The Level 3 Outdoor Preparation and Emergency Response programme builds on participants' experience from the Level 2 Uniformed Services programme.

The programme will focus on identifying, preparing for, managing and responding to risks and emergency events that can occur in an outdoor environment. These emergencies could range from weather events, accidents or medical emergencies in remote areas, search and rescue operations and missing persons. This programme will allow students to put into practice many of the skills they learnt in their Level 2 programme (whether this is Uniformed Services or Adventure Tourism Leadership).

During the programme students will undertake a series of activities and scenarios that will help them identify hazards (including weather patterns in the outdoors) and how to plan and prepare for outdoor activities safely; as well as how to offer assistance in the outdoors in the event of an accident or emergency. By being prepared and knowing how to respond to various outdoor emergencies, individuals and groups can increase their chances of staying safe and minimizing harm in unpredictable outdoor environments.

Underpinning the curriculum is the development of crucial personal and social development skills transferable to any vocational pathway. Students

#### **Entry Requirements:**

This course requires students to be more independent in their approach to learning. It is therefore recommended that students can demonstrate the following:

- Completion of Uniformed Services Level 2 or Adventure Tourism Leadership Level 2; or equivalent (with a teacher recommendation)
- An ability to self-manage
- A high level of interest in learning about emergency preparation and response the outdoors
- An enthusiastic attitude towards participating in group activities

#### **Programme Delivery:**

This course is delivered in a residential block format, consisting of two blocks in total.

The first block consists of 5-days/4-nights, followed by a second block consisting of 8-days/7-nights. Students must attend and complete both blocks to successfully complete the programme.

The dates for 2025 are: Block 1: 28 July – 1 August (5 days) and Block 2: 10 – 17 August (8 Days).

Further course information can be found on the Whenua Iti Outdoors website: www.whenuaiti.org.nz

### **Personal and Social Development Objectives:**

- Increasing willingness to learn
- Understanding and assuming personal responsibility
- Developing belief in self and increasing confidence
- Developing a positive attitude
- Recognising and developing potential
- Developing resilience skills (coping with challenge and change)
- Developing positive communication skills

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### **Learning Objectives:**

- Explain long-term management requirements for an emergency care situation in an outdoor recreation environment.
- Assess and manage a patient's condition long-term in an outdoor recreation environment.
- Demonstrate knowledge of river features and hazards.
- Cross rivers safely.
- Demonstrate knowledge of air movement and weather conditions for an outdoor recreation activity in NZ
- Collect and compare weather information.
- Prepare for and justify selection of an overnight outdoor activity
- Contribute within a team or group which has an objective

#### Assessments\*

Unit No	Title	Level	Credits	Versio n
9681	Contribute within a team or group which has an objective	3	3	8
427	Demonstrate crossing rivers	3	2	8
32876	Demonstrate knowledge of weather processes and weather conditions for outdoor recreation in New Zealand	3	3	1
32841	Prepare for an overnight outdoor activity	3	3	1
424**	Assess and manage an emergency care situation during an outdoor recreation activity	3	5	8
	Total NZQF Credits		16	

<sup>\*</sup> Please note, at times some assessments may change. Students will be advised of any changes.

<sup>\*\*</sup> Unit standards 6402, 6401 and 6400 (first aid standards) are prerequisites for US424

Methods of Assessment Assessment will include:	Requirement for Successful Completion To successfully complete the course, the student must:		
<ul> <li>Practical demonstrations</li> <li>Practical scenarios and group activities</li> <li>Workbook Completion</li> <li>Oral presentations</li> </ul>	<ul> <li>Successfully complete a minimum of 16 credits</li> <li>Attend both programme blocks.</li> </ul>		